

JANUARY

Elementary Schools Lunch Menu

CONEJO VALLEY UNIFIED SCHOOL DISTRICT

2023

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Chicken Patty Sandwich On Whole Wheat Bun %\$^+ Bean & Cheese Burrito \$^+@ Seasonal Fresh Fruit & Veggies	4 Double Dogs \$^+# PB&J Sandwich ^+!! Chips Seasonal Fresh Fruit & Veggies	5 NEW ! Mandarin Orange Chicken With Brown Rice \$+!! Crispy Bean & Cheese Burrito \$^+@ Chips Seasonal Fresh Fruit & Veggies	6 PIZZA FRIDAY! Whole Grain Cheese Pizza ^+@\$@ PB&J Sandwich ^+!! Choc Chip Cookie ^+@\$@% Seasonal Fresh Fruit & Veggies
9 Cheeseburger Sliders ^+@\$# PB&J Sandwich ^+!! Chips Seasonal Fresh Fruit & Veggies	10 UPSIDE DOWN DAY! Waffle Breakfast Bowl With Turkey Sausage%\$^+@ Homemade Grilled Cheese \$^+@ Seasonal Fresh Fruit & Veggies	11 Chicken Nuggets \$@^+ Tater Tots PB&J Sandwich ^+!! Chips Seasonal Fresh Fruit & Veggies	12 Nachos w/Meat @\$^+# Tortilla Chips Homemade Grilled Cheese \$^+@ Seasonal Fresh Fruit & Veggies	13 PIZZA FRIDAY! Whole Grain Cheese Pizza ^+@\$@ Crispy Burrito \$^+@ D&J Cookie ^+@\$@ Seasonal Fresh Fruit & Veggies
16	17 Turkey Hot Dog ^+ Homemade Grilled Cheese \$^+@ Chips Seasonal Fresh Fruit & Veggies	18 Popcorn Chicken \$*^+ PB&J Sandwich ^+!! Chips Seasonal Fresh Fruit & Veggies	19 NEW ! Chicken & Cheese Quesadillas ^+%\$@ Bean & Cheese Burrito \$^+@ Seasonal Fresh Fruit & Veggies	20 PIZZA FRIDAY! Whole Grain Cheese Pizza ^+@\$@ PB&J Sandwich ^+!! D&J Cookie ^+@\$@ Seasonal Fresh Fruit & Veggies
23 Cheeseburger Sliders ^+@\$# Crispy Bean & Cheese Burrito \$^+@ Chips Seasonal Fresh Fruit & Veggies	24 UPSIDE DOWN DAY! Waffle Breakfast Bowl With Turkey Sausage%\$^+@ Homemade Grilled Cheese \$^+@ Seasonal Fresh Fruit & Veggies	25 NEW ! Homemade Mac & Cheese @^+ PB&J Sandwich ^+!! Chips Seasonal Fresh Fruit & Veggies	26 Chicken Nuggets \$@^+ Tater Tots Homemade Grilled Cheese \$^+@ Chips Seasonal Fresh Fruit & Veggies	27 PIZZA FRIDAY! Whole Grain Cheese Pizza ^+@\$@ PB&J Sandwich ^+!! D&J Cookie ^+@\$@ Seasonal Fresh Fruit & Veggies
30 Popcorn Chicken \$*^+ Homemade Grilled Cheese \$^+@ Chips Seasonal Fresh Fruit & Veggies	31 Chicken Patty Sandwich On Whole Wheat Bun %\$^+ Bean & Cheese Burrito \$^+@ Seasonal Fresh Fruit & Veggies		MENU SUBJECT TO CHANGE	

**All lunches
Are served with
Fruit & Veggies
& Choice of
Milk**

Milk \$1.00

Water \$1.00

Juice \$1.00

Peanuts!!
Pork* Beef#
Whey= Soy\$
Corn> Wheat+
Milk@ Gluten^
Eggs% Fish

Aspen, Lang Ranch & Westlake Hills
Elementary schools are peanut free schools—
PB&J will always be replaced by peanut free
sandwich (Sunbutter or Soybutter)

Manage your student's lunch
account with
PayPal through Q parent connect
Or for more information visit our
website at
[www.conejousd.org/business/
ChildNutrition](http://www.conejousd.org/business/ChildNutrition)